

Ulen Turkey BBQ 1st Annual 5K Fun Run/Walk

Date: August 15, 2009

**Race Day Registration: 7:30 am—8:15 am
Race Time: 8:30 am Sharp!**

**Pre-Registration is highly encouraged
to reserve your prize**

Registration Prices – Choose one!

- \$15/runner adults 5 K Run/Walk
- \$10/runner kids 5 K Run (12 and Under)

Starting/Ending Location: Ulen Football Field

**Race Route: Flat and Scenic Terrain
that circles the beautiful city of Ulen,
MN.**

For more information, please call Mindy at
701-261-9254 or email
mbakke@microsoft.com



PRIZES

1st Place Prize will be awarded to the following:

- 1st Male Finisher
- 1st Female Finisher
- 1st Kid Finisher

*Cinch-sac backpacks will be guaranteed for the first 100 paid registrants. Pre-register early to secure your prize!

All proceeds from this event will benefit city programs and activities.

Mail registration form and entry fee by 8/1/2009 to:

Mindy Bakke
PO Box 372
Ulen, MN 56585

Name _____

Address _____

Phone _____

Sex

Age on race day

WAIVER: I hereby enter the Ulen Turkey BBQ 5K Fundraiser. I enter at my own risk and personally assume any risk or responsibility for injuries incurred as a direct or indirect result of my participation in this event. I further agree not to hold liable the cities, the counties, race directors, sponsors or any party associated with this race. Photos will be taken at event and my likeness may be used for future publicity. By signing below, I agree to the above terms of this event.

Signature of parent or guardian if under 18 years of age. _____

Date _____

Signature _____

Date _____